



January 2012

MCS EAGLES SCHOOL



News

FYI- You may have noticed the lack of fresh fruit on the menu. This time of year the price goes way up and the quality goes way down. I will test the waters (so to speak) periodically to see if the quality is up to my standards. As the quality of the fruit goes up, the more you will see fresh fruit on the menu.

Also, please note that only milk is included in the price of the Lunch of the Day meal for the Elementary. All other drinks are sold separately.

If you have any questions feel free to call the kitchen (513) 423-4542

Thank you,

**Kelly Williams
Kitchen Manager**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 NEW YEAR BREAK NO SCHOOL</p>	<p>3 PEPPERONI PIZZA GREEN BEANS PINEAPPLE CHUNKS OREO DELIGHT MILK</p>	<p>4 BAKED ZITI SALAD FRENCH BREAD STICKS MANDARIN ORANGES MILK</p>	<p>5 ELEM-FISH STICKS JR&HS-TILAPIA ITALIAN GARDEN VEGGIE PASTA BANANA CHOC CHIP MUFFIN MILK</p>	<p>6 PHILLY STEAK SUBS MASHED POTATOES PEACHES YOGURT CUPS MILK</p>
<p>9 CHICKEN TENDERS MAC & CHEESE BROCCOLI PEARS MILK</p>	<p>10 TACO SALAD DORITOS CORNBREAD MUFFINS MIXED FRUIT MILK</p>	<p>11 ITALIAN SUBS PASTA SALAD PINEAPPLE CHUNKS CHOCOLATE PUDDING MILK</p>	<p>12 CHICKEN FETTUCCINI ALFREDO CAL VEGGIES BREAD STICKS APPLESAUCE MILK</p>	<p>13 CHICKEN PATTY SANDWICH COLE SLAW VEGGIE STRAWS TROPICAL FRUIT MILK</p>
<p>16 MARTIN LUTHER KING DAY NO SCHOOL</p>	<p>17 OVEN FRIED CHICKEN SCALLOPED POTATOES PEAS & CARROTS APPLES / CARAMEL DIP MILK</p>	<p>18 PULLED PORK BBQ SANDWICH CHIPS VEGGIES / DIP PEARS MILK</p>	<p>19 PEPPERONI PIZZA GREEN BEANS MIXED FRUIT OATMEAL COOKIES MILK</p>	<p>20 BLUEBERRY SAUSAGE PANCAKE CORNDOG CHEESE OMELET HASH BROWN YOGURT CUP MILK</p>
<p>23 BAKED SPAGHETTI SPINACH VEGGIE SALAD FRENCH BREAD STICK PEACHES MILK</p>	<p>24 HOT DOGS CONFETTI FRIES CORN ON THE COBB MANDARIN ORANGES MILK</p>	<p>25 SOFT TACO SALAD / DRESSING BLACK BEANS & RICE APPLES / DIP MILK</p>	<p>26 BAKED MAC & CHEESE BROCCOLI RED GRAPES OREO DELIGHT MILK</p>	<p>27 GRILLED CHEESE SANDWICH TOMATO SOUP CRACKERS CARROTS/CELERY / DIP STRAWBERRY YOGURT CUPS MILK</p>
<p>30 STUFFED CHICKEN MASHED POTATOES CAL VEGGIES ROLL FIG NEWTON MILK</p>	<p>31 SLOPPY JOES CORN SALAD GREEN BEANS TRIPLE BERRY BARS MILK</p>			